

**Oatmeal Apple Muffins** presented by **Big Locust Farm Bed & Breakfast**

1 1/2 cup oatmeal  
1 1/4 cup flour  
3/4 tsp cinnamon  
1 tsp baking powder  
3/4 tsp baking soda  
1 cup applesauce  
1/2 cup milk  
1/2 cup brown sugar  
5 Tbsps oil  
1 egg

Preheat oven to 400 degrees. Combine oatmeal, flour, cinnamon, baking powder and baking soda. Add applesauce, milk, brown sugar, oil and egg. Mix until moistened. Put in muffin cups. Bake 20 minutes.