

## **Granola Bars**

1 cup granola

1 cup quick-cooking rolled oats

1/2 cup chopped nuts

1/2 cup all-purpose flour

1/2 cup raisins, craisins, or mixed dried fruit bits 1 beaten egg

1/3 cup honey

1/3 cup cooking oil

1/4 cup packed brown sugar

1/2 teaspoon ground cinnamon

Preheat oven to 325 degrees F. Line an 8x8x2-inch baking pan with foil. Grease the foil; set pan aside. In a mixing bowl combine granola, oats, nuts, flour, and raisins. Stir in egg, honey, oil, brown sugar, and cinnamon. Press evenly into the prepared pan. Bake for 30 to 35 minutes or until lightly browned around the edges. Cool. Use foil to remove from pan. Cut into bars. Makes 24.