

GARLIC FRIES

These fries are a lighter (and much tastier, in my opinion!) version of deep fried potatoes.

In a bowl, toss together:

3lbs peeled baking potatoes, cut into $\frac{1}{4}$ " thick strips

4t canola oil

Salt and pepper

On a baking sheet prepared with non-stick cooking spray, spread potatoes in a single layer. Bake at 400 for about 50 minutes, turning over after 20 minutes, until tender and golden.

In a large nonstick skillet or cast iron skillet, melt:

2T butter

Saute over low heat, 2 minutes:

8 cloves of garlic, minced

Add cooked potatoes and:

1 chopped parsley

2T freshly grated Parmesan cheese

Toss to coat & serve immediately.